



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Northeast School Fit Club Fitness Schedule

***Program will run from 11/5/18-3/15/19 (Please note that schedules are subject to change)**

| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | SUNDAY |
|-----------------------------|--------------------------|------------------------------|-------------------|------------------------------|--------------------|--------------------|-------------------|
| Gymnasiums | | | Open Gym 5-7pm | | | | Open Gym 3-4pm |
| Pool | Open Swim 3:30-4:45pm | | | | Open Swim 5-7pm | Open Swim 2-3pm | |
| Lower Level Fitness Room | Werq 6-7pm | | Werq 6-7pm | | | | |
| YBA—Youth Basketball | | Practice begins at 5:30pm | | Practice begins at 5:30pm | | | |

YBA Volunteer Guidelines: Participants must register and pay at the Welcome Center in order to participate in YBA. Parent participation is required at practice/games in order to earn volunteer hours. Games will be played on Saturdays,. Details and Time TBA.

- All participants (members and non-members) must sign in AND out at the Welcome Center when visiting the YMCA .
- Parents/Grandparents must be with the Northeast student at both sign in and out and remain with the student the entire time while at the YMCA (all children entering the facility to participate in this program must be members OR Northeast students.
- Please note: Northeast students who are not members of the YMCA must be with their parent or guardian to enter the YMCA at no cost. A \$5.00 guest pass fee will be charged for all non-member students not with their own parent or guardian.
- Parents/Grandparents and students will be given a dated bracelet that must be worn while at the YMCA and removed by the Welcome Center staff when signing out.
- If individuals or families are not current YMCA members, participants must complete a non-member application at the Welcome Center during their first visit.
- Northeast families may join the YMCA and save half off the Start-up Fee with a current student id or recent report card (savings up to \$42.50).

Danville Family YMCA · 1111 N. Vermilion St. · Danville, IL 61832

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Our Mission: To put Christian principles into practice through programs that build healthy spirit, mind, and body for all.